WILD GODDESS

Sisterhood of the Divine Feminine

1:1

Herbal Skin Food Ritual & Treatment

Are you feeling ready to connect on a deeper level with your divine feminine essence?
Have you been feeling the urge to get to know more about Wild Goddess wisdom?
Can you feel the longing to pamper your sacred Temple Body?

Well, then I'm pleased and more than honoured to guide you sister.

With love Hannah

HEALING SESSION PROCESS

In holistic herbal skin food treatment & ritual with earth essences, we focus on the level of your soul and your subtle temple body. We open the treatment with an exchange to discuss your current state of health and gently guide you through the healing process. I use a mixture of spiritual and earthbound therapies (see details below) that balance your being and restore your connection with the natural world. My treatments are useful when you have an acute or chronic imbalance in your physical, emotional, mental or spiritual temple body. The nature of my treatment is nutritious and building for your skin and supports the innate ability of your temple to heal itself. After a treatment, I offer instructions for individual self-care treatments to continue your self-love ritual at home. The nursing ritual is tailored to your personal needs and to your Wild Goddess within.

It is an energetic journey and spiritual cleansing with natural elements of the earth such as fresh medicinal plants, herbal smoke, flower and holy waters, and candles.

This healing treatment eliminates heavy energy and brings you back into harmony with your soul, mind and nature. This unique therapy is used to cleanse the energy field of your temple body.

4 KEY ELEMENTS OF THE TREATMENT & RITUAL

Earth - Facial treatment with natural essences and crystals

Water – Facial steam bath with essential Essence & Crystals

Fire - Native American Candle Ritual

Air - Energetic Smudge Ritual with Essences of the Earth

MODEL OF THE TREATMENT & RITUAL

- *Sound journey with emotional music that connects you with the elements of Mother Nature, as well as your innate Wild Goddess, to introduce new beliefs and thought forms into your subtle body.*
- *Healing water flower footbath*
- *Dermal Analysis*

- *Fragrant Journey*
- *Facial steam bath and therapeutic head, face, décolleté & neck massage with warm and sensual plant oils*
- *Chakra balance with crystals*
- *Massage with crystals and natural essences*
- *Warm stones & towels with essential essences*
- *Skin Care Recommendation*
- *Plant tea made from flowers or medicinal herbs*
- *A Personalized fragrance blend for your innate Wild Goddess*